

Think of this as your trusty study guide and/or cheat sheet to travelling Italy.

In a one-page foldable design I've got you covered for all of those what-if moments, and in the best circumstances, think of this as your confidence booster for making reservations at fancy restaurants, shopping & navigating, and knowing to pull a door that says "tirare" rather than push it, because doesn't it feel better to be prepared for travel?

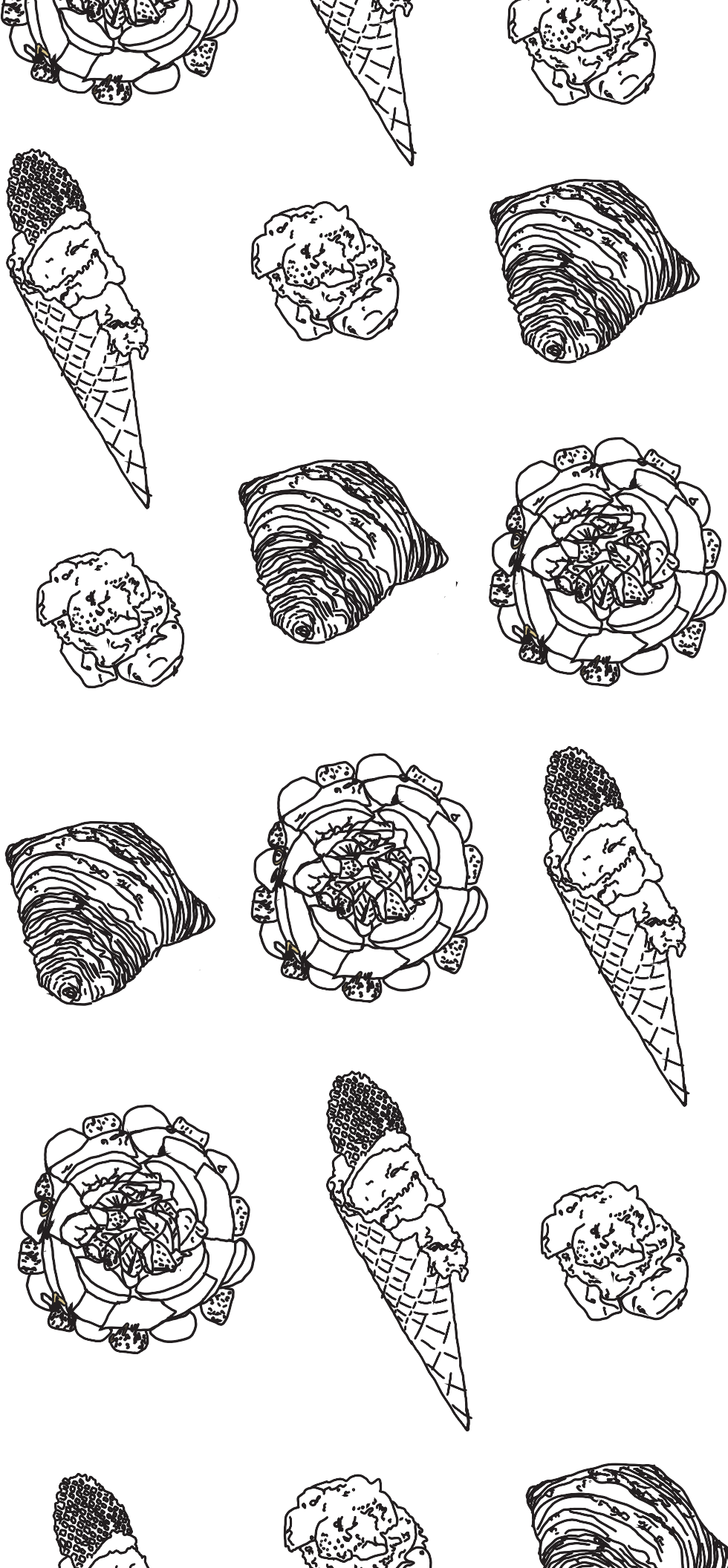
Includes:

1 page with 9 sections of important language basics for travel to Italy
foldable design to fit in your pocket/wallet/purse

Folds small to the section you need so you don't look like a tourist :)
You'll be a pro in no time!

Suggested youtube channels for pronunciation: Learn Italian with Lucrezia, Valentina Stella Italian Tutor

Feel free to reach out for any questions or feedback!
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When making a prenotazione at a restaurant, you need to know the Italian alphabet letters.

If there isn't a star (*) in front of it, it has generally the same pronunciation and letter name as in English!

A - a (as in ah-ha moment)	H - acca (ah + kah, often silent when in a word)	O - o	Foreign Letters
B - b	I - i (like the ea sound in sea)	P - p	J - *i lunga (same as /y/ sound)
C - ci (as in chia seeds)	L - elle (same as English + *e)	Q - cu (as in coo, same)	K - cappa
D - d	M - emme (same as English + *e)	R - erre (as in heir, r rolled + *e)	W - doppia vu
E - e (like the e sound in elephant)	N - enne (same as English + *e)	S - esse (same as English + *e)	X - ics (as in basics - ba)
F - effe (same as English + *e)		T - t	Y - ipsilon
G - g		U - u (Ooo)	
		V - vu (as in voodoo)	
		Z - zeta (zay + t + *a)	

Numbers & Restaurant prenotazione

@ - chiocciola (also means snail in Italian :)

gmail - gmail

- - punto

com - com

In Italy, army time is used on documents **ufficiali** so the numbers 0-23 are important to know.

0 - zero	7 - sette	14 - quattordici	21 - ventuno
1 - uno	8 - otto	15 - quindici	22 - ventidue
2 - due	9 - nove	16 - sedici	23 - ventitré
3 - tre	10 - dieci	17 - diciassette	1/2 - mezzo
4 - quattro	11 - undici	18 - diciotto	45 - quarantacinque
5 - cinque	12 - dodici	19 - diciannove	
6 - sei	13 - tredici	20 - venti	

"Buonasera/Buongiorno, posso prenotare una tavola per due persone alle sette e mezzo stasera?
Good evening/Good morning, can I reserve a table for two people at seven-thirty this evening?"

Grazie mille, Buona serata/Buona giornata."

Thank you very much, have a good evening/good day.

Pronunciation

CC, C and G when followed by a, o, u, h+i, and h+e are pronounced as hard sounds as in cat and gap.

CC	C	G
CCA - Bistecca	CA - Calabria	GA - Gatto
CCO - Prosecco	CO - Como	GO - Gola
CCU - Occupato	CU - Cuore	GU - Guanciale
CCHI - Pistacchio	CHI - Arachidi	GHI - Ghiaccio
CCHE - Zuccheri	CHE - Marche	GHE - Spaghetti

CC, C and G when followed by e and i are pronounced as soft sounds as in cheese and gene.

CC	C	G
CCE - Uccello	CE - Cellulare	GE - Gelato
CCI - Cappuccino	CI - Ciao	GI - Giovedì

SC only when followed by i or e is pronounced softly as in she: Sci, Ascensore - Ski, Elevator

GLI is similar to the pronunciation of ye in yeast but your tongue comes in contact with the top of your mouth, pushing the air out: Aglio, Taglia - Garlic, Cut

GN is pronounced like the ny sound in canyon, and likewise in filet mignon : Castagne, Gnocchi - Chestnuts, Gnocchi

In case of emergenza

112 Call for general emergencies in Europe	113 Call the police & for general emergencies Chiami la polizia!	118 Call an ambulance Chiami un'ambulanza!	115 Call the fire brigade Chiami i pompieri!
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Aiuto! Help!	Dov'è l'ospedale? Where is the hospital?
Un'emergenza An emergency	La questura The police station
Che successo? What happened?	Il bancomat The ATM
C'è stato un incidente There was an accident	Ho perso la mia borsa. I lost my purse
C'è un incendio There is a fire	Il mio passaporto My passport
Mi hanno rubato They robbed me	Il mio telefono My phone
Sono perso-m./a-f. I'm lost	Il mio caricatore My charger
	Il mio portafoglio My wallet

*Underlined words can be replaced with bulleted ones.

Words and phrases importante

Si - yes / No - no	Pro tips Marked letters receive emphasis.
Ciao - hello; goodbye	Often the "Z" is pronounced like the s in sue, and the "S" is pronounced like the z in zoo.
Grazie - thank you	Double z's (ZZ) are pronounced like the ts in tsunami
Per favore - please	Italian uses a formal "you" "Lei" (lay) when talking to people you don't know or who are of a higher status, so it's important to use formality when talking to strangers
Prego - you're welcome; go ahead	Double consonants are meant to be held longer, which helps distinguish them from their single consonant counterparts: "sono" means I am, whereas "sonno" means sleep.
Mi scusi - excuse me; sorry	
Parli Inglese? - Do you speak English	
Capisco - I understand	
Non capisco - I don't understand	
Posso caricare il mio telefono? Can I charge my phone?	
Attenzione - Attention!	
Un'attimo - A moment	
C'è un bagno vicino? Is there a bathroom nearby?	
Basta - Enough; Stop!	

Written

Comunicazione

Nome name	The date is written in the day, month, year format: DD/MM/YYYY rather than how we write it in the US.
Cognome surname	Come si chiama/ti chiami? What's your name (fml/inf.)
Numero number	Come va? How's it going?
Data di nascita date of birth	Parli Inglese? Do you speak English (fml)
Cittadinanza citizenship	Mi dispiace I'm sorry; my apologies
ospite guest or host	Puo ripetere per favore? Could you repeat that, please?
Firma Signature	Puo scriverlo? Could you write it?
Indirizzo Address	Che significa questo? What does this mean?
Permesso di soggiorno Permit to stay	Spedire un pacco to send a package
Dichiarazione di presenza Declaration of presence	Stampare un documento to print a document
	Francobolli stamps

Three ways to book a taxi in Rome

- Download the FREE NOW app where you can book a ride with a set rate (similar to Uber)
- Wait in line at a taxi stand outside Roma Termini or where there's a sign with TAXI on it
- Call (+39) 060609 for Rome city, or (+39) 063570 for the largest radio-taxi operator in Rome.

Transportazione transportation	Dov'è la fermata di autobus? Where is the bus stop?
Il treno the train	Che ora sono? What time is it?
L'autobus the bus	A che ora parte il treno? The train departs
L'aereo/Il volo the airplane	Quando arriva l'aereo? The plane arrives
Il Taxi The taxi	Arriva in ritardo. It is arriving late
Binario 2 Platform 2	· In anticipo Early
L'aeroporto The airport	· In tempo in time

*Underlined words can be replaced with bulleted ones.

"A che ora" and "Quando" are often synonymous.

Navigazione & Shopping

Dov'è il tabbachi?
Where is the tabbacco store?

- La farmacia**
the pharmacy
- Il bar**
the café
- La stazione**
the train station
- Il centro storico**
the historical center
- La fontana d'acqua**
the water fountain

A che ora apre la gelateria?
At what time does the gelateria open?

Quando chiude il ristorante?
When does the restaurant close?

Uscita a destra / a sinistra
Exit to the right / to the left

Sto cercando un portafoglio.
I'm looking for a wallet

Prendo un'adattore.
I'll take an adapter.

Quanto costa?
How much?

C'è uno sconto?
Is there a discount?

Soldi
Money

Il prezzo
The price

Gratis
Free

Mi interessa
I'm interested

Non mi interessa
I'm not interested

Accettate contante?
Do you accept cash?

Pago con bancomat.
I pay with debit

La carta di credito
The credit card

Etiquette & Tips

Look for ATMs next to a bank instead of in a touristy area

You don't have to add a tip, and unless the server was particularly good, it isn't expected.

Unless you're at a Pizza al taglio, Tavola Calda, Rosfocceria, or fast food restaurant it's unusual to bring your food or drinks home. (but you can still do it)

Be wary of people selling trinkets or roses, they will often try to forcefully give you something and then ask for money.

When entering churches and other catholic sites, you must cover your shoulders and knees.

It's socially acceptable and safe to drink straight out of

the public water fountains.

Places like train stations, and parks can be unsafe at night, often with pickpockets

Keep things like wallets hidden and difficult for someone to reach. Open pockets fall prey to pickpockets; but a small, inconspicuous zipped crossbody bag should be fine.

Recycling & Trash:
Materiali non riciclabili - non-recyclable waste
Carta, Cartone, Cartoncino - paper products and cardboard
Scarti alimentari e organici - food waste

Contenitori in vetro, plastica, metallo - plastic, glass & metal

Signs you will probably find in a store:

Aperto - open
Chiuso - closed
Spingere - push
Tirare - pull